

# 6th Annual Karen 4 A Kause



**Registration Online:**  
www.active.com  
An Online Registration fee will apply.

**Registration by Mail:**  
Complete Form and mail to:  
**KWF**  
**2025 Zumbel Rd # 47**  
**St. Charles, MO 63303**

Check to be payable to:  
**Karen Weidinger Foundation**

Timing by Fleet Feet Sports

**Race Day Registration:**  
8:00 - 9:15 am  
Near Starting Line  
Cash or Check only

**Date:** Saturday, May 7, 2011

**Start Time:** 9:30 AM 5K (3.1 Mile) Run  
9:40 AM 1 Mile Walk  
10:45 AM Children's Mad Dash against Cancer (FREE)  
(All participants must be registered.)

**Location:** Frontier Park (1st Capital Dr. & Riverside)  
St. Charles, MO

**Cost For** Early Registration \$20.00 if postmarked by April 21, 2011.  
**5K Fun** After April 21, or Race Day Registration \$25.00  
**Run/Walk:** Karing from the Kouch (Stay at Home Donation) \$30.00\*  
\*T-Shirt & Car Magnet will be mailed to you AFTER the race

**Packet** Coldwell Banker Gundaker Office, 2101 Bluestone Dr, St. Charles  
**Pick-Up:** Friday May 6th 9:00 AM - 7:00 PM  
Race Day -- 8:00 AM - 9:15 AM near Starting Line

**Shirts:** All 5K & 1 Mile Participants will receive a T-Shirt.  
To ensure requested size, registration entry form must be postmarked no later than April 21, 2011.  
Children's Mad Dash Shirt available for \$5.00

**Awards:** Awards to top 3 finishers in age categories.  
19 & under / 20-29 / 30-39 / 40-49 / 50-59 / 60-69 / 70+

**Attendance** Over \$2,000 in attendance prizes available.  
**Prizes:** All 5K & 1 Mile participants are entered in drawing to win.

**Voluntary Pledges:** All Pledge Forms and Money to be turned in at Packet Pick-Up.  
(Pledges beyond registration fees are not required to participate)

**Charity Info:** Karen Weidinger Foundation a 501(c)(3) Charity  
St. Charles County's Breast Cancer Foundation  
www.karensfoundation.org  
Phone: (636) 947-5009



## 2011 Karen 4 A Kause - Official Registration Form

Please Print. All mailed entries must be postmarked by April 21, 2011 to qualify for early registration

**Name:** \_\_\_\_\_ **Male or Female**

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_

5K Run/Walk     1 Mile Walk  
 Children's Mad Dash (free entry)     Children's Mad Dash T-Shirt \$5.00 (optional)(choose youth size below)  
 Karing from the Kouch donation \$30 (T-Shirt & Magnet will be mailed to you AFTER the race)  
 Cancer Survivor     I would like to be recognized

Preferred Shirt Size (circle one)-- Youth: S    M  
Adult: S    M    L    XL    XXL

Waiver of Liability: In consideration of the foregoing, I, for myself, my executors, administrators, and assigns, do hereby release and discharge the Karen Weidinger Foundation (KWF) and all sponsors and representatives from all damages, demands, actions, and causes of action whatsoever, in any manner arising or growing out of participation in said run. I certify that I have run this distance or longer in practice regularly in weeks prior to the event. Registration fee is non-refundable.

All entries must be dated and signed. X \_\_\_\_\_ Date: \_\_\_\_\_  
Entrant's Signature (or parent/guardian if under 18)